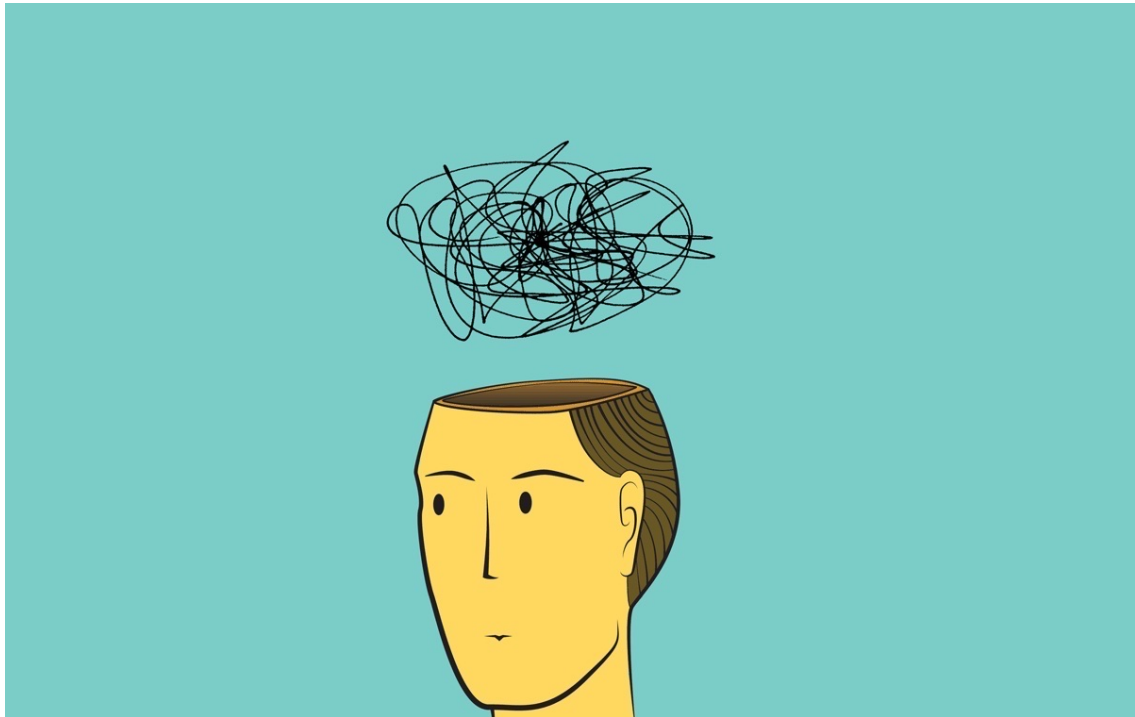


MACT

psychology

by



MCAT

Lec-1

Self concept → Self-aware

Existential
Separate
distinct
constant

Categorical
age skills
gender size

Carl Rogers → Humanistic

Self-image

Self-esteem
❤️

Ideal Self
☀️

Social Identity

Personal

Social

categorize → Identification

Behave + acting ← comparison

Self-esteem

↓
respect one has for self

Locus of control

internal



Didn't Study

external



Hard Bad Test

Self-Efficacy

↓
Belief in one's capability to succeed in a certain situation

Strong

R - recover
I - interest
S - strong
E - enjoy

Weak

F - fail
A - avoid
L - lose
L - lack

- I. mastery of experience
- II. social modeling
- III. Social Persuasion
- IV. Psychological responses

lec=3

Sigman Freud

psychosexual
childhood
childhood 5
stages development
fixation

Socio-cultural
hand-on
active
Learning

Lev Vykotsky

Personality



Development

Cognition

Ericson

Psychosocial
lifespan
Conflict
8 stages

Lawrence Kohlberg

morals
3 stages. Right vs Wrong

Sigman Freud

Psychosexual development

Stage	age	Focus of Libido	Development	Adult Fixtation	
oral	0-1 yr	mouth	Feeding	Smoking, bite nail, overeat	OLD
anal	1-3 yr	Anus	toilet training	orderliness messiness	AGE
phallic	3-6 yr	Genitals	Oedipus/Eletra	Sexed Discomfort	PARROD
Latent	6-12 yr	NO	Socialism skills	NO	LOVE
Genital	12+...	Genitals	Sexual maturity	mentally healthy	GRABE

ERIC ERIKSON - PSYCHOSOCIAL DEVELOPMENT


	Age	CRISIS	VIRTUE	←) outcome
1	1yr	trust vs mistrust	hope	Fear, Suspicion
2	2yr	autonomy vs shame	will	Shame
3	3-5	initiative vs guilt	Purpose	guilt / inferiority
4	6-12	industry vs inferiority	Pride/Competence	Industrious/inferiority
5	12-18	identity vs role confusion	fidelity	rebellion
6	18-40	intimacy vs isolation	Love	isolation/unhappiness
7	40-65	generativity vs stagnation	Care	Unproductive
8	65	integrity vs despair	wisdom	Dissatisfaction

VYGOTSKY - SOCIOCULTURAL DEVELOPMENT

Social interaction → cognition

elementary MF → Higher MF
independent

Attention
Sensation
Perception
memory

1. MKO → More knowledgeable other +  ⇒ Learning

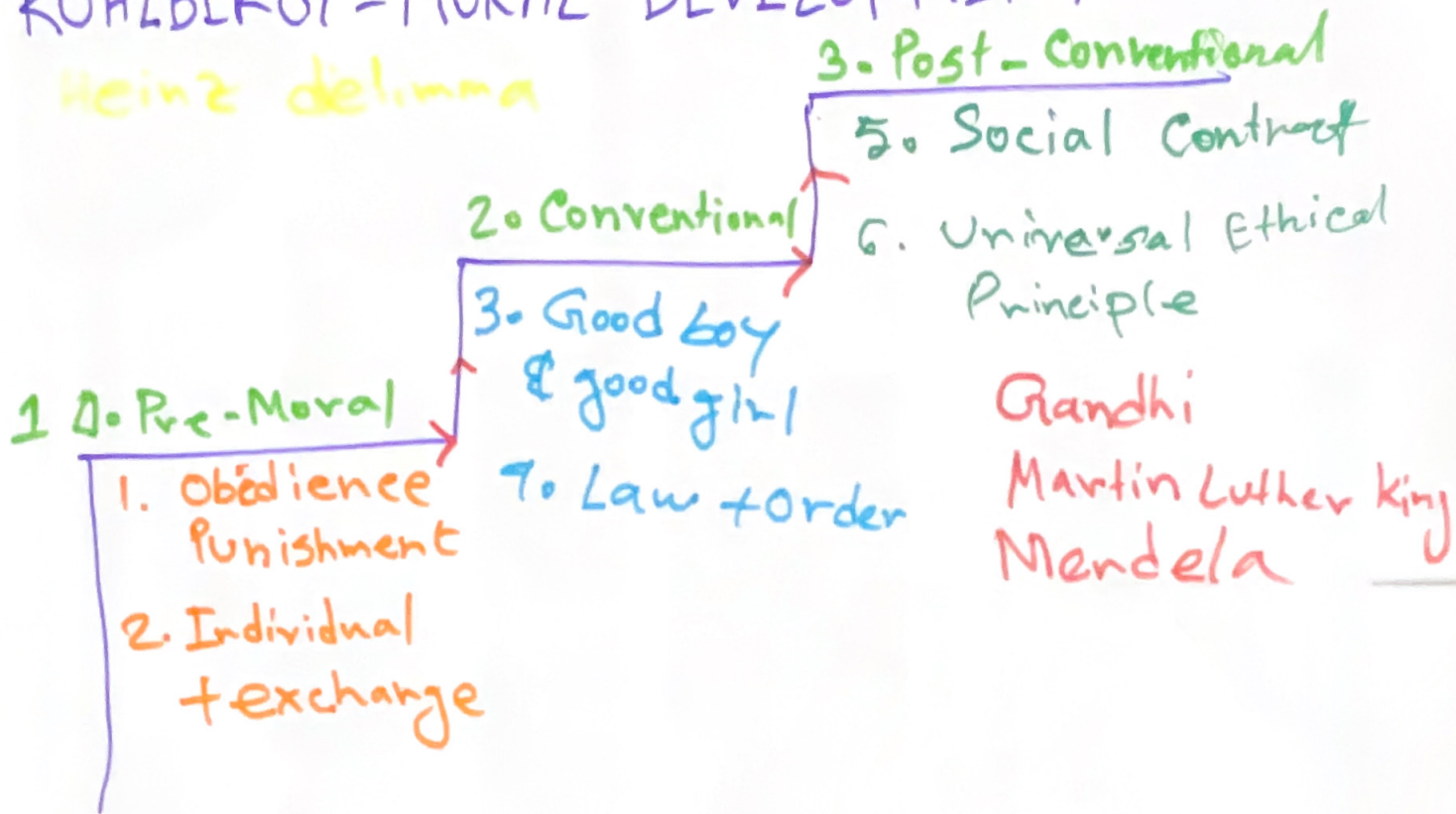
2. Zone of Proximal Development

3. Language



KOHLBERG - MORAL DEVELOPMENT

Heinz dilemma

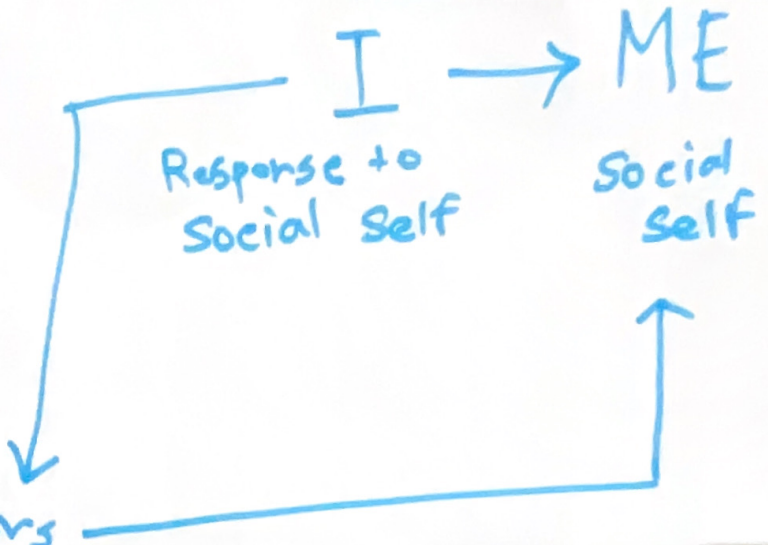


Lec-10

1. Preparatory stage
↳ limitation

2. Play stage
↳ pretend play

3. Game stage
→ Generalize others
→ multiple roles
→ Significant other



Lec-11

Looking glass theory

charles cooley

Looking glass self



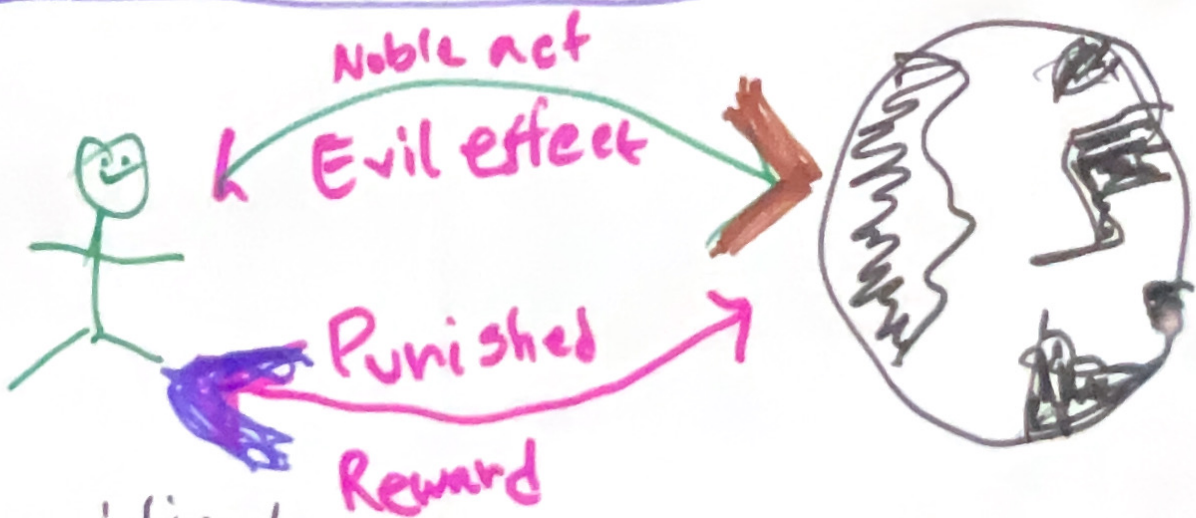
Self image

1. How do I appear to others
2. What must other think of me
3. Revise how we think about ourselves

Lesson - 18



Just world hypothesis



Imaginational Tactics

① Denial

②

Reinterpret Events

① outcome

② cause

③ Relationship

Less-21

Self-Esteem

Respect one has for self

Self-efficacy

Belief in one's capability to succeed in a certain situation



Less = 24

Lack of control

Learned helplessness

too much choice



Personal control

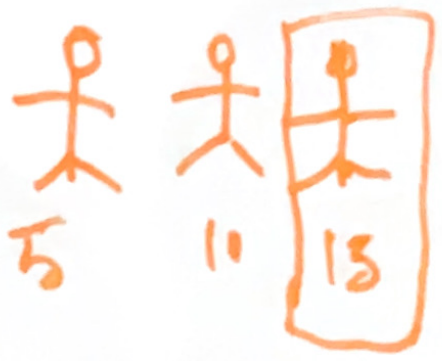
the dog shock experiment

Lec-25

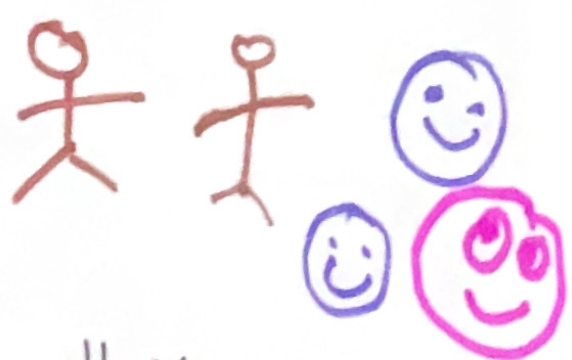
near exposure affect

We like people who are around us & we see in day to day basis.

Study 1 →



Study - 2 →



they recognised it before.

Lec-26

Attractiveness

WOW

the amusement park theory

Lec-28

Harlow monkey experiment



food



comfort



food

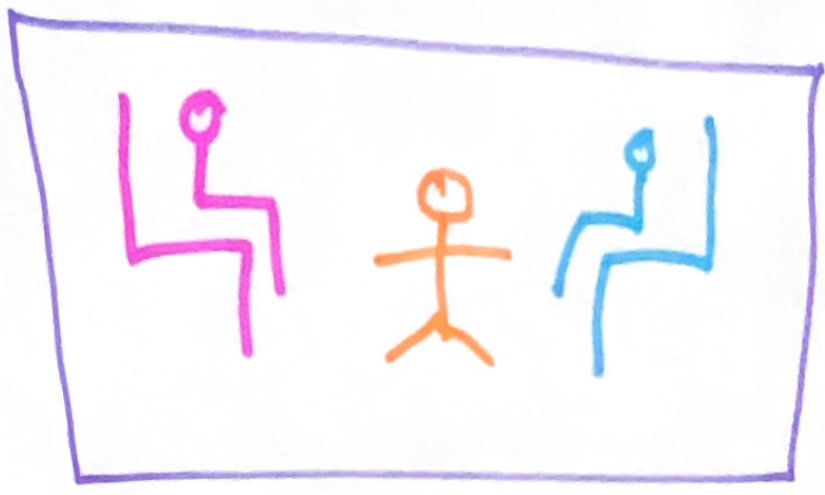


comfort



See -

Lec-29

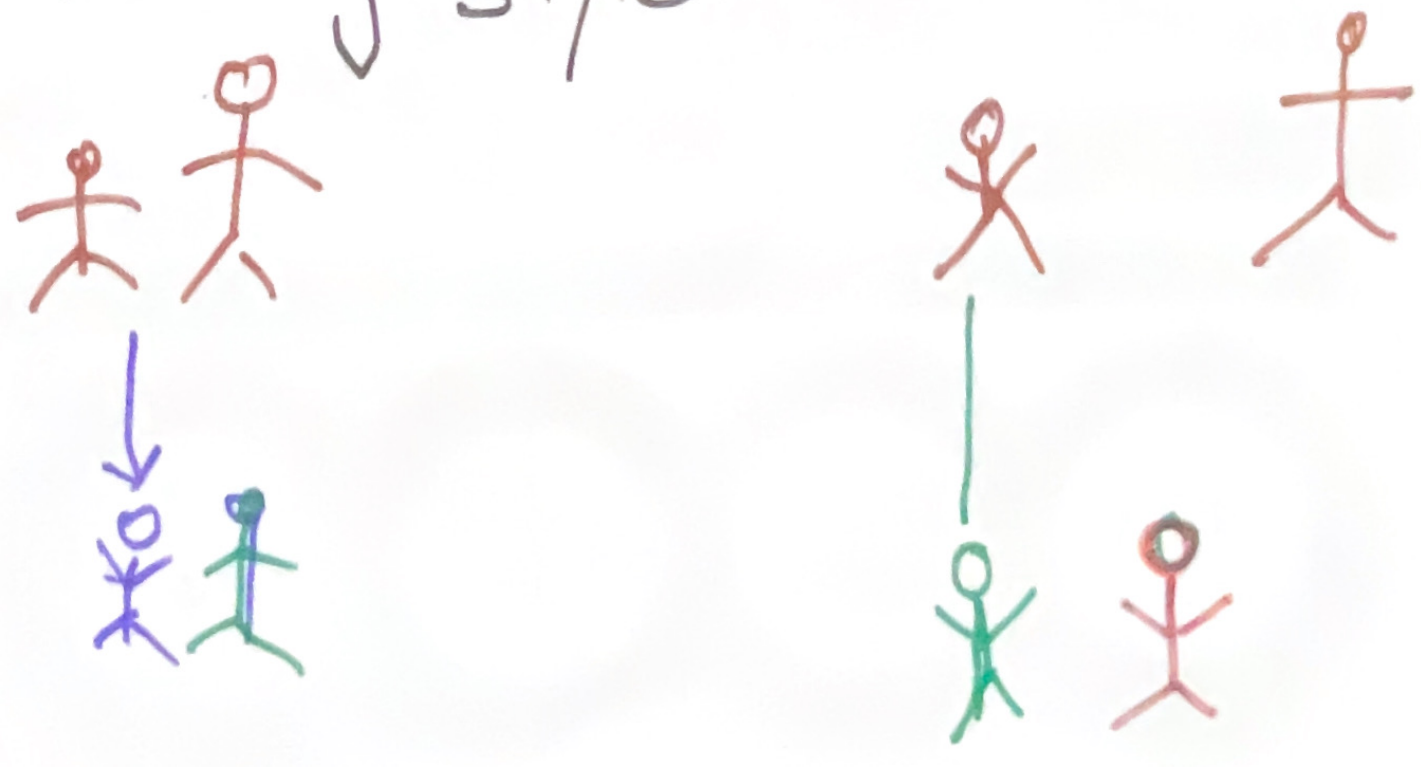


⇒ when mother leave
 ⇒ then return

▷ Secure attachment

▷ Insecure attachment

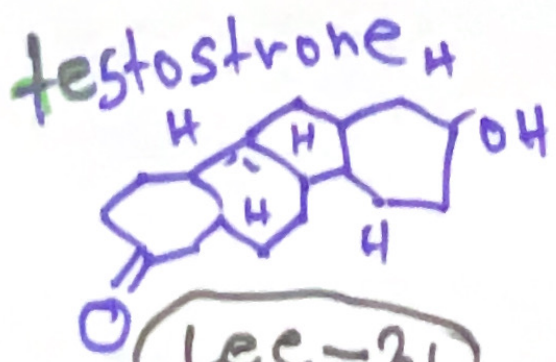
Wait But why! —
 Parenting style.



Lec-30

Aggravation

Biology



Lec-31

Psychological Social-cultural

Psychological
Frustration-aggravation
Principle



Re-inforcement

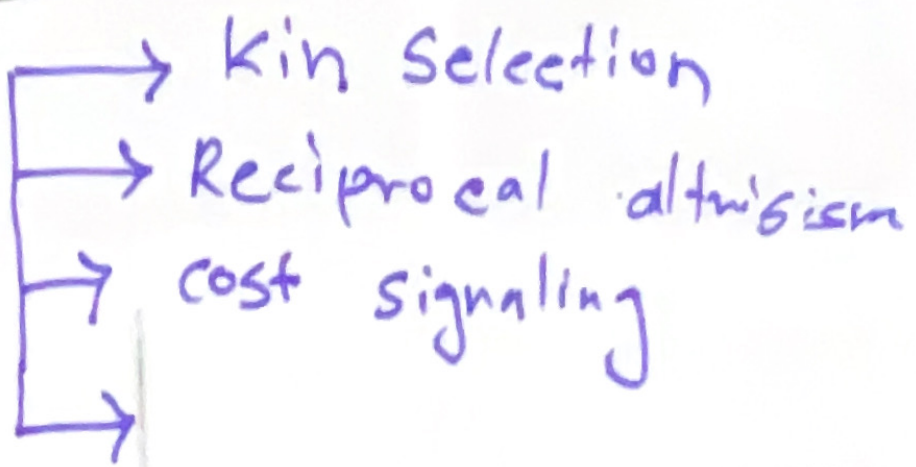
By ~~not~~ observing



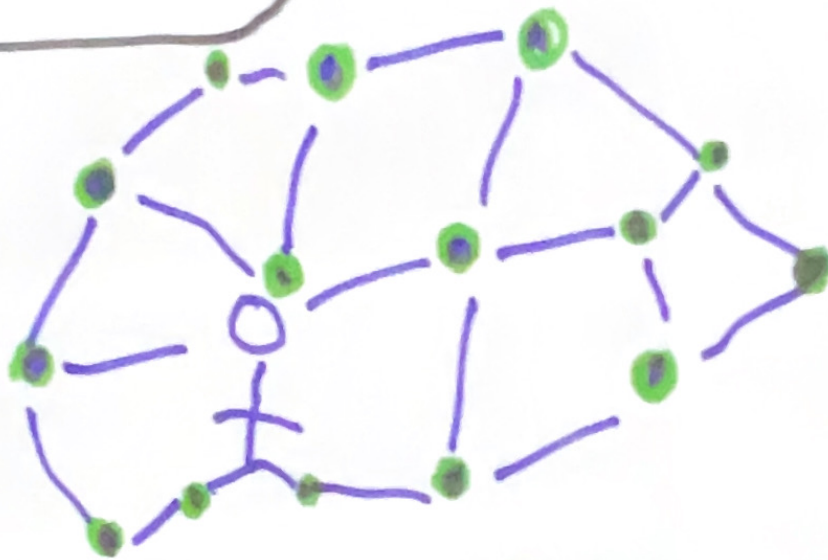
Social
Scripts

altruism

early developmental hypothesis



Lec-32



- emotional support →
- financial support →
- social support → alcohol/
- informational support drugs
- companionship support

Lec-33

status

Social status society

stick figure → Friend

Professe v → stick figure student

stick figure Resident

↓ members.

Lec-34

Role strain

Student

parent



worker

Role conflict

Husband

friends

Lec-35

Primary group
Secondary "

Lec-36

cultural Relativism

→ Different culture

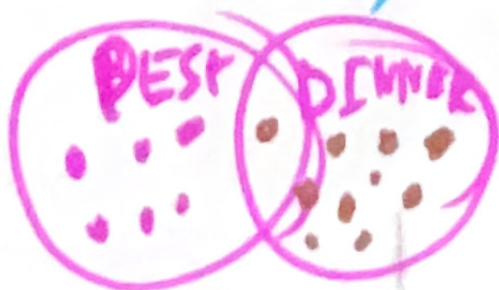
→ from their "

→ someone brought

them

out-group

US
in-groups



Ingroup favoritism ☺ ☑

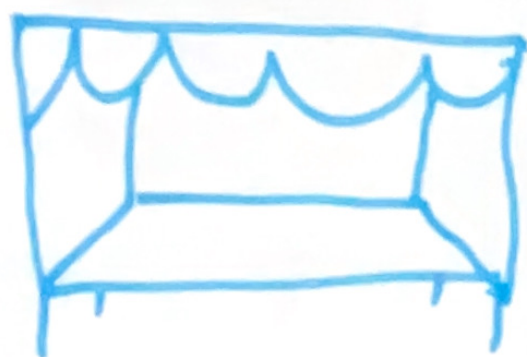
Out group derogation ☹ ☑

Group Polarization

LEC-37,
38

Goffman
DRAMATURGY

Frontstage



Back stage



LEC-44

Prejudice Discrimination

Power

Social class

Prestige

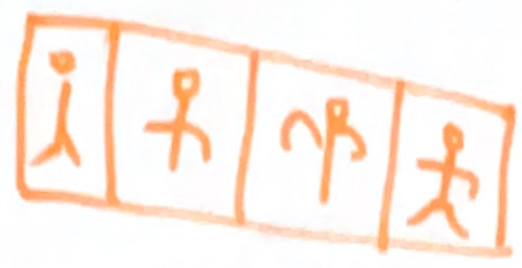
Political
Economic ☐
Personal 🏠

☹ ☹ ☹
Just would

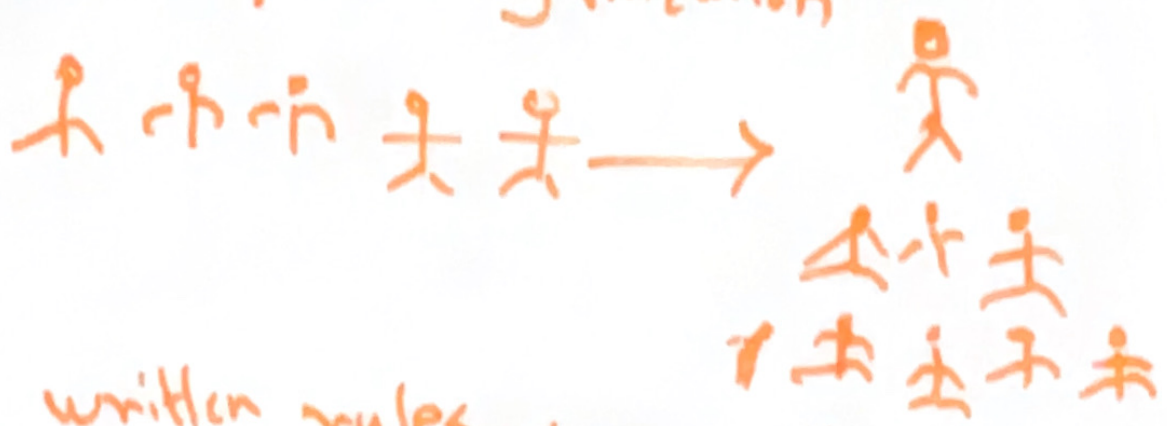
LEC-46

Bureaucracy

1. Division of labor



2. Hierarchy of organization



3. written rules & regulation

1. Impersonality

5) Employment based on technical qualification

LEC=49

1. Preparatory Stage
↳



Lec-50



Its ↓
temporary
involuntary

EMOTION

6 major emotions

Lec-51 52

animal communication

Sound, signal, chemical
 pheromone, visual signal
 Sing, color, dance, far, father,
 sometimes not to communicate.

Lec-59

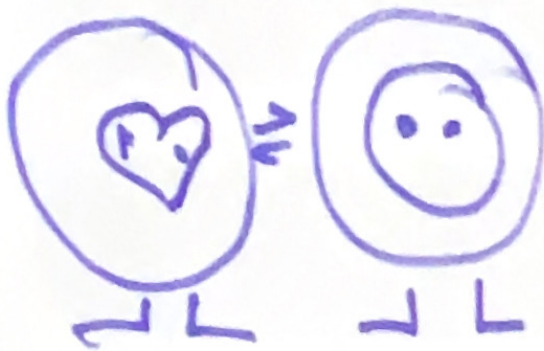
Animal Random
behavior
strategies

1. Random
mating

mating

2. Assortative
mating

3. Disassortative
mating



Inclusive fitness

Lec=55

Game theory
on evolution